## REQUIRED EQUIPMENT LIST FOR THE WEEK

- 1. US Coast guard approved Lifejacket with whistle
- 2. Rain jacket (Optional)
- **3.** Sunglasses with strap (recommended) (strap recommended for regular eyeglasses)
- 4. Sunscreen
- 5. Water bottle
- 6. Lunch packed in cooler bag
- 7. Closed toe sailing or water shoe
- **8.** Bathing suit and towel
- **9.** Extra changes of clothes (shorts and t-shirt)
- 10. Note pad and pencil
- 11. Sunhat or cap with visor (Optional)

A lost and found box will be located in the junior room. NCYC is not responsible for lost items.

All items should be <u>labeled with sailor's name</u> and kept neatly in a duffel bag, tote bag etc. Storage bins are available.